

2017 TAVY 7

Sunday 22 October 2017

TAVY 7 Race Entries at 16 October

| Race No. | Name | | Age Category | Club |
|----------|-----------------|----------|---------------|-----------------------|
| | Surname | Forename | | |
| 476 | Abell | Laura | Senior Female | Unattached |
| 306 | Adams | Sharon | F40 | Plymouth Musketeers |
| 122 | Addelsee | Peter | M55 | Storm |
| 466 | Ainsworth | Clare | F50 | Tamar Trotters |
| 144 | Aitken | Nikki | Senior Female | Unattached |
| 171 | Albiston | Mark | M40 | Storm |
| 172 | Albiston | Karen | F45 | Storm |
| 148 | Albon | Gary | M50 | Unattached |
| 129 | Alder | Jason | Senior Male | Unattached |
| 322 | Alder | Kieran | Senior Male | Unattached |
| 266 | Alford | Jennie | F40 | Torrington AAC |
| 570 | Allbutt | Gary | M50 | Plymouth Musketeers |
| 210 | Anderson-Stacey | Rachel | F40 | Unattached |
| 496 | Andrews | Jordan | Senior Male | Tavistock Run Project |
| 46 | Anns | Tess | F45 | Torrington AAC |
| 312 | Anthony | Chris | Senior Male | Bere Alston Trekkers |
| 200 | Antolic | Samantha | F40 | Unattached |
| 439 | Argue | Tanya | F45 | Bere Alston Trekkers |
| 62 | Armstrong | James | Senior Male | Tavistock AC |
| 492 | Arnold | Lee | Senior Male | Team H Plymouth |
| 286 | Arundel | Jack | Senior Male | Storm |
| 565 | Ash | Graeme | M50 | Storm |
| 160 | Ashton | Debbie | F45 | Bere Alston Trekkers |
| 438 | Atkinson | Richard | M45 | Unattached |
| 391 | Austin | Ben | Senior Male | Team H Plymouth |
| 112 | Aze-Thomas | Gill | F45 | Launceston RR |
| 44 | Backaller | Peter | Senior Male | Storm |
| 199 | Baker | Mike | M50 | Okehampton RC |
| 159 | Baker | Steve | Senior Male | Tavistock College |
| 292 | Bale | Graham | M50 | Plymstock RR |
| 99 | Ball | Matthew | M45 | Unattached |
| 113 | Barrett | Dean | M50 | Tamar Trotters |
| 257 | Barrett | Donna | F40 | Unattached |
| 166 | Bartlett | Sarah | F50 | Bere Alston Trekkers |
| 386 | Bartlett | Terry | M55 | Plymouth Harriers |
| 357 | Baskott | Kevin | M50 | Tamar Trotters |
| 424 | Batten | Stuart | M40 | Unattached |
| 71 | Batteson | Ben | M40 | Storm |
| 61 | Baugh | Daniel | Senior Male | Storm |
| 470 | Baxter | Hollie | Senior Female | Plymouth Harriers |

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|-----|------------|-----------|---------------|------------------------|
| 572 | Beaton | Janette | F45 | Storm |
| 313 | Beaver | Carol | F55 | Unattached |
| 295 | Bees | Phil | M60 | Plymouth Musketeers |
| 297 | Bees | Andy | Senior Male | Plymouth Musketeers |
| 147 | Bell | Kerry | F55 | South Devon AC |
| 579 | Bellamy | Diana | F40 | Unattached |
| 589 | Bellerby | Gail | F50 | Unattached |
| 511 | Belsten | Lisa | F45 | Torbay AC |
| 73 | Belt | Keith | M70 | South Devon AC |
| 507 | Bennett | Peter | M50 | Unattached |
| 508 | Bennett | Nicola | F45 | Unattached |
| 298 | Bergonzini | Umberto | M45 | Unattached |
| 326 | Betty | Deborah | F55 | Instinctive Sport |
| 327 | Betty | Denise | Senior Female | Instinctive Sport |
| 550 | Betty | Stephen | M55 | Instinctive Sport |
| 337 | Bickle | Martyn | Senior Male | Unattached |
| 429 | Bickle | Carla | F35 | Unattached |
| 372 | Bickley | Hazel | F40 | Bere Alston Trekkers |
| 515 | Bignell | Daniel | Senior Male | Storm |
| 371 | Blackwell | Alison | F50 | Tamar Trail Runners |
| 547 | Blonden | Andy | M70 | Unattached |
| 330 | Blythe | Nicky | F35 | Bradworthy Runners |
| 332 | Blythe | Ian | Senior Male | Bradworthy Runners |
| 374 | Bogatko | David | M60 | Unattached |
| 361 | Bond | Helen | F45 | Tavistock AC |
| 344 | Boulle | Susannah | F45 | Tamar Trail Runners |
| 287 | Bounsall | Chloe | Senior Female | Storm |
| 220 | Bowden | Andrew | M40 | Bere Alston Trekkers |
| 167 | Boyle | Sarah | F35 | Unattached |
| 124 | Brant | Hayley | F40 | Unattached |
| 530 | Brazier | Steven | Senior Male | Unattached |
| 50 | Bricknell | Mark | M55 | Plymstock RR |
| 150 | Brimacombe | Ryan | Senior Male | Tavistock College |
| 380 | Brint | Lucy | F40 | Okehampton RC |
| 294 | Bristow | Nick | M45 | Erme Valley Harriers |
| 480 | Brogden | Elena | F35 | Unattached |
| 79 | Brown | Allison | F35 | Unattached |
| 228 | Brown | Jo | F35 | Menheniot Running Club |
| 559 | Bruce | Jennie | Senior Female | Unattached |
| 24 | Bryant | Steve | Senior Male | Unattached |
| 33 | Bryant | Graham | Senior Male | Okehampton RC |
| 251 | Bryant | Jenny | F45 | Unattached |
| 252 | Bryant | John | M45 | Unattached |
| 546 | Bumby | Karen | F35 | South Devon AC |
| 351 | Bunt | Charlotte | F35 | Unattached |
| 223 | Burbidge | Alice | Senior Female | Unattached |
| 517 | Burningham | Sarah | F35 | Teignbridge Trotters |
| 558 | Busfield | Gemma | F35 | Storm |
| 362 | Bush | Steve | M45 | Plymouth Musketeers |
| 501 | Camies | Jo | F45 | Okehampton RC |

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|-----|-------------|-----------|---------------|---------------------------|
| 531 | Camm | Michelle | Senior Female | Instinctive Sport |
| 425 | Carey | Cathy | F35 | Okehampton RC |
| 80 | Carl | Smith | Senior Male | Unattached |
| 40 | Carpenter | Anita | F45 | South Devon AC |
| 544 | Carr | Jason | M40 | Team H Plymouth |
| 233 | Casey | Paul | M50 | Unattached |
| 365 | Caulfield | Paul | M50 | Tamar Trotters |
| 366 | Caulfield | Trudy | F50 | Tamar Trotters |
| 279 | Charlton | Victoria | Senior Female | Torrington AAC |
| 130 | Church | David | M40 | Erme Valley Harriers |
| 314 | Churchill | Craig | Senior Male | Teignbridge Trotters |
| 444 | Clake | Michael | M50 | Storm |
| 175 | Clark | Andrew | Senior Male | Unattached |
| 310 | Cleaver | Nick | M55 | Unattached |
| 1 | Cole | Jim | Senior Male | Tavistock Run Project |
| 151 | Cole | Thalia | Senior Female | Tavistock College |
| 423 | Coles | Michelle | F40 | South Devon AC |
| 434 | Colleridge | Steven | M60 | Tamar Trail Runners |
| 134 | Collins | Hayley | F40 | Torrington AAC |
| 354 | Colston | Hannah | F35 | Unattached |
| 227 | Cook | Judith | F60 | Unattached |
| 198 | Cooksley | Stephen | M50 | Plymstock RR |
| 277 | Coombes | Rachael | F35 | Unattached |
| 111 | Copson-Ball | Sally | F40 | Unattached |
| 513 | Cornish | Darren | Senior Male | Launceston RR |
| 278 | Cornwall | Carole | F50 | Okehampton RC |
| 453 | Couch | Mike | M40 | Storm |
| 77 | Court | Lisa | F40 | Unattached |
| 225 | Cousins | Geri | F50 | Tavistock AC |
| 38 | Coverdale | Heather | F55 | South Devon AC |
| 213 | Cowden | Andy | M55 | Bere Alston Trekkers |
| 486 | Cowell | Jonathan | M40 | Tavistock AC |
| 494 | Cowley | Michelle | Senior Female | South Devon AC |
| 45 | Cox | Christine | F40 | Unattached |
| 291 | Creese | Mark | M45 | Plymstock RR |
| 509 | Creese | Nicola | F40 | Unattached |
| 428 | Crowe | Eamon | M50 | Teignbridge Trotters |
| 74 | Cryer | Jonathan | M60 | Unattached |
| 32 | Cubberley | David | M55 | South Devon AC |
| 316 | Cusack | Addie | M45 | Tavistock Run Project |
| 163 | Dale | Paula | F40 | Unattached |
| 586 | D'Alessio | Pasquale | M50 | Unattached |
| 347 | Daley | Louisa | F35 | Tavistock AC |
| 415 | Dann | Mike | M50 | Durham City Harriers & AC |
| 284 | Davenport | Calum | Senior Male | Unattached |
| 285 | Davenport | Zoey | Senior Female | Unattached |
| 3 | Davey | Philippa | F50 | Plymouth Musketeers |
| 578 | Davey | Sarah | F45 | Unattached |
| 56 | Davies | Gareth | Senior Male | Unattached |
| 342 | Davis | Sarah | Senior Female | Storm |

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|-----|-------------|-----------|---------------|------------------------|
| 53 | Davy | Lewis | Senior Male | Unattached |
| 405 | Dawe | Tamsin | Senior Female | Plymouth Striders |
| 406 | Dawe | Jamie | Senior Female | Plymouth Striders |
| 462 | Day | Nicky | F45 | Storm |
| 12 | De Carles | Helen | F60 | Unattached |
| 6 | Dean | Emma | F40 | Okehampton RC |
| 224 | Decieco | Rachael | F40 | Unattached |
| 245 | Delbridge | Deborah | F45 | Menheniot Running Club |
| 498 | Dencer | David | Senior Male | Bere Alston Trekkers |
| 21 | Dickinson | Maggie | F50 | Launceston RR |
| 70 | Dixon | Dawn | F40 | Storm |
| 205 | Donovan | Lesley | F50 | Plymouth Harriers |
| 413 | Donovan | Darran | Senior Male | Unattached |
| 133 | Drake | Deborah | F50 | Torbay AC |
| 184 | Drennan | John | M60 | South Devon AC |
| 28 | Du Toit | Natasha | Senior Female | Unattached |
| 580 | Duke | Jan | M70 | Tamar Trotters |
| 47 | Dumpleton | Ed | M40 | Okehampton RC |
| 236 | Dunlop | Catherine | F45 | Tavistock AC |
| 576 | Dunn | Alex | Senior Male | Hansford Bell |
| 308 | Dunridge | Darren | M50 | Bere Alston Trekkers |
| 242 | Durbridge | Sarah | F40 | Unattached |
| 193 | Dyer | Paul | Senior Male | Storm |
| 282 | Dyer | Mary | F65 | Plymouth Harriers |
| 432 | Eagles | Tina | F35 | Unattached |
| 76 | Easterbrook | Nicola | F35 | Unattached |
| 259 | Easton | Caroline | F55 | Storm |
| 280 | Eccles | Karen | F55 | Plymouth Harriers |
| 510 | Edwards | Victoria | Senior Female | Unattached |
| 562 | Edwards | Neil | Senior Male | Unattached |
| 216 | Elford | Tracy | F50 | South Devon AC |
| 10 | Elston | Ray | M70 | Exmouth Harriers |
| 400 | Etherington | Sarah | F35 | Unattached |
| 564 | Evans | Annabelle | Senior Female | Teignbridge Trotters |
| 269 | Evenden | Laura | F40 | Tavistock Triathlon |
| 123 | Everitt | Terri | F55 | Torrington AAC |
| 98 | Faircloth | Emily | F40 | Unattached |
| 296 | Farah | Christine | F50 | Unattached |
| 118 | Farr | Susan | F55 | Storm |
| 119 | Farr | Georgie | Senior Female | Storm |
| 121 | Farr | James | M60 | Storm |
| 469 | Feeney | Sarah | Senior Female | Unattached |
| 393 | Fewins | Simon | M40 | Plymouth Musketeers |
| 64 | Fisk | Jodi | Senior Female | Tavistock AC |
| 368 | Fitzgibbon | Ged | M65 | Okehampton RC |
| 471 | Florey | Vicky | F35 | Plymouth Musketeers |
| 358 | Folland | Nathan | Senior Male | Unattached |
| 157 | Forster | Tristan | Senior Male | Tavistock College |
| 219 | Foster | Richard | M40 | Unattached |
| 360 | Foster | Ann | F65 | Tamar Trotters |

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|-----|---------------------|-----------|---------------|----------------------|
| 217 | Fowle | Kate | F35 | Unattached |
| 189 | Fox | Tom | Senior Male | Plymouth Harriers |
| 305 | Francis | Melanie | Senior Female | Plymouth Musketeers |
| 345 | Frankl | Rowena | F35 | Unattached |
| 518 | Freeman | Tony | M50 | Unattached |
| 72 | Freemantle | Sue | F35 | Storm |
| 373 | French | Heather | F45 | Bere Alston Trekkers |
| 467 | Frost | Justin | M40 | Plymouth Musketeers |
| 261 | Furnivall | Charlie | Senior Male | Unattached |
| 187 | Gayton | Lizzie | F45 | Unattached |
| 431 | Geen | Andrew | M55 | Unattached |
| 420 | Gibbons | Ryan | Senior Male | Kent AC |
| 243 | Gilbert | Mike | Senior Male | Launceston RR |
| 348 | Giles-Wyatt | Adam | Senior Male | Unattached |
| 359 | Ginter | Paul | M45 | Tamar Trotters |
| 528 | Gloyn | Natalie | F35 | Unattached |
| 309 | Goddard | Jeremy | M50 | South Devon AC |
| 202 | Godfrey | Clare | F35 | Unattached |
| 532 | Godfrey | Mike | Senior Male | Storm |
| 300 | Golding | Matthew | Senior Male | City of Plymouth AC |
| 484 | Gould | Leanne | Senior Female | Unattached |
| 13 | Graham | Ray | M55 | Unattached |
| 42 | Grant | Brenda | F65 | South Devon AC |
| 315 | Greaves | Alison | F35 | Bere Alston Trekkers |
| 378 | Green | Maarit | F60 | Tavistock AC |
| 520 | Greenslade | Mark | M50 | Brixham Harriers |
| 561 | Gregory | Alistair | M40 | Unattached |
| 350 | Gribble | David | Senior Male | Team H Plymouth |
| 34 | Griffiths | Tracey | F35 | Tavistock AC |
| 87 | Grigg | Trevor | M60 | Tavistock AC |
| 41 | Groch | Lauren | F35 | Unattached |
| 363 | Hadfield-Bennett | Penelope | F45 | Plymouth Harriers |
| 115 | Haimes | Johanna | F40 | Unattached |
| 473 | Hall | Abi | Senior Female | Tamar Trail Runners |
| 416 | Hallam | Dan | M45 | Unattached |
| 383 | Hanns | Cheryl | F40 | Plymouth Harriers |
| 488 | Hanson | Thomas | Senior Male | Unattached |
| 102 | Hardman | Wayne | M45 | Unattached |
| 29 | Harley | Susanna | F50 | Unattached |
| 477 | Harp | Chantal | F35 | Unattached |
| 67 | Harper | Caroline | F40 | Unattached |
| 86 | Harris | Alexandra | F35 | Storm |
| 249 | Harris | Sarah | F45 | Unattached |
| 422 | Harris | Ben | Senior Male | Plymouth Harriers |
| 442 | Harris | Andy | M45 | Unattached |
| 506 | Harrison | Cassandra | F40 | Torbay AC |
| 379 | Hart | Claire | F50 | Plymouth Harriers |
| 169 | Harte- Latremouille | Samantha | F40 | Bere Alston Trekkers |
| 39 | Hawes | Bernie | M45 | Unattached |
| 594 | Hawkins | Greg | M45 | Team H Plymouth |

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|-----|----------------|-----------|---------------|----------------------|
| 226 | Hayes | Sue | F45 | South Devon AC |
| 403 | Haynes | Leo | Senior Male | Unattached |
| 246 | Head | Martin | M45 | Bere Alston Trekkers |
| 247 | Head | Hilary | F55 | Bere Alston Trekkers |
| 482 | Heal | Martin | M50 | Unattached |
| 194 | Heard | Mark | Senior Male | Unattached |
| 158 | Hearne | Stuart | Senior Male | Tavistock College |
| 270 | Heatley | Elizabeth | Senior Female | Unattached |
| 271 | Heatley | Joel | Senior Male | Unattached |
| 566 | Hedges | Lee | Senior Male | South West RR |
| 567 | Hedges | Laura | Senior Female | Unattached |
| 162 | Hennessey | Chrissy | F45 | Unattached |
| 152 | Hepworth | Darcey | Senior Female | Tavistock College |
| 281 | Hepworth | Michael | M40 | Unattached |
| 2 | Herdman | Allan | M60 | Tavistock AC |
| 153 | Herdman | Francesca | Senior Female | Tavistock College |
| 333 | Hewitt | Claire | Senior Female | Unattached |
| 472 | Hewlett | Darren | Senior Male | Unattached |
| 52 | Hext | Dan | Senior Male | Unattached |
| 410 | Hibbert | Vic | M60 | Plymouth Musketeers |
| 392 | Hill | Steven | M40 | Plymouth Harriers |
| 116 | Hillman | Michaela | F50 | Torrington AAC |
| 212 | Hillson | Sarah | F45 | Tavistock AC |
| 412 | Hilton | Samantha | Senior Female | Unattached |
| 436 | Hingston | Natasha | F45 | Bere Alston Trekkers |
| 443 | Hingston | Shaun | M40 | Bere Alston Trekkers |
| 376 | Hirons | Jane | F50 | Unattached |
| 574 | Hiscoke | Jonathan | Senior Male | Unattached |
| 260 | Hockin | Karen | F50 | Unattached |
| 301 | Hocking | Jerry | M45 | Torbay AC |
| 543 | Hocking | Teresa | F45 | Storm |
| 145 | Hodge | Peter | M55 | Unattached |
| 207 | Holland | Sarah | F40 | Tamar Trail Runners |
| 231 | Hollett | Nick | Senior Male | Unattached |
| 143 | Hookins | Steve | M50 | South Devon AC |
| 94 | Hookway | Verity | F45 | Torrington AAC |
| 254 | Hore | Michele | F40 | Unattached |
| 349 | Horseman-James | Charlotte | Senior Female | Team H Plymouth |
| 369 | Horton | Sarah | F45 | Plymouth Coasters |
| 288 | Howard | Charlene | Senior Female | Unattached |
| 201 | Howe | Sarah | Senior Female | Unattached |
| 441 | Howells | Craig | Senior Male | Tavistock Triathlon |
| 461 | Howells | Phillip | M70 | Tewkesbury RC |
| 238 | Hudson | Jaine | F35 | Storm |
| 396 | Hudson | Marie | F50 | Unattached |
| 457 | Hughes | Andy | M60 | Unattached |
| 556 | Hughes | Michael | M50 | Storm |
| 135 | Hunter | Louise | F35 | Torrington AAC |
| 430 | Jack | Sean | M55 | Bude Rats |
| 593 | Jackson | Jane | F60 | Okehampton RC |

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|-----|-----------------|-------------|---------------|----------------------|
| 96 | James | Danielle | F35 | Tavistock AC |
| 214 | Janjanin | Isla | F35 | Unattached |
| 563 | Jinman | Rob | Senior Male | Storm |
| 447 | Johns | Christopher | M45 | Unattached |
| 502 | Johns | Mel | F50 | Unattached |
| 503 | Jollow | Hayley | F40 | Bradworthy Runners |
| 504 | Jollow | Jeremy | M50 | Bradworthy Runners |
| 48 | Jones | Phil | Senior Male | Unattached |
| 59 | Jones | Hannah | F40 | Teignbridge Trotters |
| 188 | Jones | Cirsty | Senior Female | Unattached |
| 397 | Jones | Ann | F60 | Unattached |
| 404 | Jones | Mark | Senior Male | Unattached |
| 411 | Jones | Dan | M45 | Unattached |
| 459 | Jones | Brett | M40 | Unattached |
| 331 | Kay | Ken | M70 | Unattached |
| 595 | Keenan | Benjamin | M40 | Unattached |
| 107 | Kelley | Chris | M50 | Instinctive Sport |
| 323 | Kennelly | Michelle | F50 | Instinctive Sport |
| 324 | Kennelly | Paul | M50 | Instinctive Sport |
| 497 | Kenvin | Pete | M60 | Bere Alston Trekkers |
| 592 | Kinahan | Ann | F60 | Serpentine RC |
| 302 | King | Louise | F50 | Plymouth Musketeers |
| 527 | Kingdon | Becky | Senior Female | Unattached |
| 178 | Knapman | Jez | M40 | Unattached |
| 452 | Knell | Felicity | F55 | Unattached |
| 35 | Knox Cartwright | Nathaniel | M40 | Unattached |
| 421 | Kombostiotis | Kostas | M45 | Looe Pioneers |
| 426 | Ladell | Donald | Senior Male | Unattached |
| 395 | Lake | Samantha | F35 | Tavistock AC |
| 536 | Lambert-Gorwyn | Leon | Senior Male | Storm |
| 117 | Lancaster | Mark | Senior Male | Launceston RR |
| 475 | Land | Ian | M50 | Unattached |
| 95 | Lane | Richard | M45 | Erme Valley Harriers |
| 272 | Lane | Becki | F40 | Storm |
| 417 | Lang | Chris | M40 | Storm |
| 262 | Langdon | Vince | M45 | South Devon AC |
| 451 | Langsford | Laura | F40 | Tavistock AC |
| 519 | Laphorn | Lorna | F40 | Bere Alston Trekkers |
| 106 | Latham | Nicola | F45 | Unattached |
| 537 | Lathom | Janet | F60 | Launceston RR |
| 276 | Lawrence | Paul | M40 | Unattached |
| 103 | Lee | Christopher | M40 | Unattached |
| 346 | Leek | Cathy | F50 | Tavistock AC |
| 127 | Leverton | Allie | F45 | Torrington AAC |
| 500 | Lewis-Clark | Becky | F50 | Unattached |
| 512 | Ley | Anita | F50 | Torbay AC |
| 311 | Light | Lisa | F55 | Plymouth Musketeers |
| 93 | Lillicrap | Joey | F35 | Tamar Trail Runners |
| 195 | Littlejohns | Katie | Senior Female | Okehampton RC |
| 533 | Locke | Justin | M40 | Storm |

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|-----|------------|-----------|---------------|------------------------|
| 190 | Lockyer | Stuart | M50 | Bradworthy Runners |
| 191 | Lockyer | Jackie | F50 | Bradworthy Runners |
| 14 | Lowndes | Kathryn | F55 | Unattached |
| 241 | Luther | Simon | M50 | Unattached |
| 54 | Lyons | Neil | M45 | Unattached |
| 82 | Macdougall | Gregor | M45 | Unattached |
| 104 | Mace | Stephen | M50 | Storm |
| 161 | Macintyre | Ruth | F35 | Tavistock Run Project |
| 290 | Macleod | Simon | Senior Male | Storm |
| 131 | Maddock | Heather | F60 | South Devon AC |
| 132 | Maddock | Steve | M60 | South Devon AC |
| 568 | Madge | Paul | M55 | South West RR |
| 139 | MaGee | Emma | Senior Female | South Devon AC |
| 479 | Malthouse | Rachael | Senior Female | Tavistock Run Project |
| 274 | Mansfield | Scott | Senior Male | Plymouth Musketeers |
| 84 | Marshalsea | Jucinta | Senior Female | Unattached |
| 85 | Marshalsea | Jason | Senior Male | Unattached |
| 165 | Martin | Susan | F55 | Torrington AAC |
| 173 | Martin | Andrew | M50 | Tavistock AC |
| 577 | Mason | Robin | M50 | Unattached |
| 539 | Massos | Jacky | F55 | North Devon RR |
| 540 | Massos | Angelo | Senior Male | Unattached |
| 541 | Massos | Theo | M55 | Unattached |
| 377 | Mcclean | Valerie | F50 | South Devon AC |
| 4 | McClung | Karen | F50 | Tavistock Triathlon |
| 181 | Mcclung | Neil | M50 | Unattached |
| 186 | Mcghee | Christine | F60 | Plymouth Harriers |
| 325 | Mckeever | Alan | M50 | Instinctive Sport |
| 25 | Mcleod | Ian | M55 | Plymouth Coasters |
| 445 | Medhurst | Kate | F35 | Bere Alston Trekkers |
| 474 | Medland | Dene | F55 | Tavistock AC |
| 526 | Mellor | Layla | F35 | Bradworthy Runners |
| 196 | Merrett | Lorena | F65 | Unattached |
| 329 | Merrin | Mike | M45 | Storm |
| 268 | Middleton | Philip | M45 | Team Balancise |
| 206 | Miller | Debbie | F40 | Unattached |
| 521 | Milne | Mairi | Senior Female | Bere Alston Trekkers |
| 364 | Mole | Linda | F35 | Plymouth Harriers |
| 168 | Monaghan | Peter | M50 | Torbay AC |
| 51 | Montague | Adrian | Senior Male | Unattached |
| 596 | Moody | Amy | Senior Female | Unattached |
| 340 | Moon | Sam | M40 | Helm Hill Runners |
| 341 | Moon | Sarah | F40 | Unattached |
| 573 | Moon | Ben | M40 | Unattached |
| 203 | Morgan | John | Senior Male | Unattached |
| 328 | Morgan | Frances | F50 | Bere Alston Trekkers |
| 142 | Morris | Nicola | F55 | Torrington AAC |
| 554 | Mountford | Adrian | M45 | Unattached |
| 555 | Mountford | Clare | F45 | Unattached |
| 185 | Moxhay | Marion | F55 | UKRunChat Running Club |

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|-----|---------------|-----------|---------------|------------------------|
| 37 | Mulroy | Joe | Senior Male | Unattached |
| 170 | Mulvihill | Lorna | Senior Female | Plymouth Striders |
| 179 | Mumford | Andrew | Senior Male | Storm |
| 575 | Nash | Kate | Senior Female | Hansford Bell |
| 435 | Neale | Ben | Senior Male | Tavistock Run Project |
| 128 | Newcombe | Michael | M40 | Torrington AAC |
| 183 | Newman | James | Senior Male | Plymouth Harriers |
| 385 | Newton | Laura | Senior Female | Tavistock Triathlon |
| 114 | Nicholas | Jon | M45 | Unattached |
| 125 | Nicholas | Mervyn | M55 | Unattached |
| 126 | Nicholas | Abbey | Senior Female | Unattached |
| 108 | Nicholls | Meeta | F40 | East Cornwall Harriers |
| 109 | Nicholls | Martin | M40 | East Cornwall Harriers |
| 235 | Nicholson | Diana | F55 | Tamar Trotters |
| 15 | Nicks | Lynne | F45 | Unattached |
| 16 | Nicks | Jeff | M50 | Unattached |
| 389 | Olive-Hollett | Charlotte | Senior Female | Unattached |
| 255 | Orme | Helen | F40 | Tavistock AC |
| 149 | Ostle | Mary | F65 | Plymouth Harriers |
| 237 | Oxborough | Tracey | F50 | Tavistock AC |
| 355 | Paddon | Alison | F50 | Tamar Trotters |
| 370 | Page | Julie | F45 | Bere Alston Trekkers |
| 375 | Parkinson | Cathy | F50 | Unattached |
| 548 | Parsonage | David | M45 | Storm |
| 258 | Partridge | Sarah | F60 | Unattached |
| 43 | Paul | Dan | Senior Male | Plymouth Musketeers |
| 545 | Pearce | Stewart | M70 | Unattached |
| 164 | Pedrick | Melanie | F45 | Plymouth Harriers |
| 598 | Pengelly | Louise | Senior Female | Unattached |
| 263 | Perkins | Ross | Senior Male | Storm |
| 583 | Peryer | Matthew | Senior Male | Unattached |
| 381 | Petersen | Guy | M45 | Tamar Trotters |
| 283 | Pethick | Leesa | F45 | Plymouth Harriers |
| 63 | Phillips | David | M45 | Storm |
| 230 | Pick | Caroline | F50 | Unattached |
| 516 | Pillage | Alex | Senior Male | Unattached |
| 481 | Pinfield | Melissa | F40 | Bere Alston Trekkers |
| 317 | Pitcher | Dave | M55 | Tamar Trotters |
| 318 | Pitcher | Tom | Senior Male | Tamar Trotters |
| 485 | Pomeroy | Rachael | F40 | Bradworthy Runners |
| 458 | Powell | Matt | M45 | Storm |
| 22 | Price | Carla | F40 | Unattached |
| 110 | Pridham | Lynn | F40 | Unattached |
| 36 | Prior | Sarah | F45 | Tavistock AC |
| 229 | Prisk | Maryann | F35 | Unattached |
| 505 | Pritchard | Jo | F35 | Unattached |
| 454 | Pruszynska | Anna | F35 | Unattached |
| 455 | Pruszynska | Sonia | F35 | Unattached |
| 456 | Pruszynska | Paula | Senior Female | Unattached |
| 253 | Pursey | Leigh | Senior Female | Unattached |

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| 248 | Putt | Nikki | F45 | Bere Alston Trekkers |
| 120 | Pyke | Pauline | F50 | Torrington AAC |
| 448 | Ralph | Eleanor | F55 | Unattached |
| 450 | Ralph | Trevor | M60 | Bere Alston Trekkers |
| 551 | Ramsden | Clive | M40 | Bodmin RR |
| 490 | Randall | Joanna | Senior Female | Teignbridge Trotters |
| 307 | Reid | Lewis | Senior Male | Unattached |
| 367 | Reynolds | Alix | F35 | Unattached |
| 591 | Richards | Monika | F35 | Okehampton RC |
| 60 | Richardson | Jane | F65 | Okehampton RC |
| 141 | Richardson | Sarah | F40 | Bradworthy Runners |
| 523 | Richardson | Mark | M45 | Bradworthy Runners |
| 560 | Ridgley | Alison | F45 | Unattached |
| 553 | Rigler | Peter | M50 | Bideford AAC |
| 182 | Riley | Beverley | F55 | Storm |
| 154 | Roberts | Benjamin | Senior Male | Tavistock College |
| 390 | Robinson | Leigh | M45 | Plymouth Harriers |
| 320 | Rogers | Paul | M60 | Tamar Trail Runners |
| 534 | Rogers | Ben | Senior Male | Bude Rats |
| 92 | Rollinson | Charmaine | F35 | Unattached |
| 81 | Ross | Davina | F45 | Tamar Trotters |
| 83 | Ross | Alison | F55 | Unattached |
| 542 | Ross | Sarah | F50 | Tamar Trotters |
| 407 | Rouse | Sue | F45 | Storm |
| 177 | Ruffin | Adrian | M50 | Storm |
| 218 | Russell | Claire | Senior Female | Storm |
| 399 | Rymel | Bon | Senior Male | Teignbridge Trotters |
| 569 | Sabine | Chris | M45 | Cornwall AC |
| 402 | Salter | Tj | F35 | Unattached |
| 240 | Sanderson | Shaaron | F55 | Unattached |
| 338 | Sanderson | Keith | M40 | Unattached |
| 334 | Sayer | Sarah | F45 | Unattached |
| 343 | Scambler | Lydia | Senior Female | Tavistock Triathlon |
| 155 | Sellars | Nathan | Senior Male | Tavistock College |
| 55 | Selwood | John | M50 | Plymouth Harriers |
| 174 | Shaw | Rob | Senior Male | Unattached |
| 265 | Shaw | John | M65 | Unattached |
| 437 | Shortman | Catherine | F50 | Unattached |
| 382 | Showell | Alec | M45 | Unattached |
| 299 | Simson | Paula | F40 | City of Plymouth AC |
| 221 | Skinner | Estelle | F35 | Unattached |
| 5 | Sleep | Sally | Senior Female | Unattached |
| 321 | Slocombe | Dave | M55 | Okehampton RC |
| 588 | Slow | Barry | Senior Male | Unattached |
| 65 | Smart | Garry | M50 | Teignbridge Trotters |
| 464 | Smart | Ian | M45 | Unattached |
| 465 | Smart | Edward | Senior Male | Tavistock AC |
| 89 | Smerdon | Paula | F40 | Tavistock AC |
| 250 | Smith | Russell | M45 | Unattached |
| 409 | Smith | Lotte | F50 | Okehampton RC |

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|-----|------------|----------|---------------|------------------------|
| 66 | Smyly | Roger | M50 | Unattached |
| 234 | Smyly | Nicole | Senior Female | Unattached |
| 90 | Soper | Jo | F45 | Unattached |
| 319 | Speak | Katy | F55 | Okehampton RC |
| 222 | Spicer | Caren | F50 | Unattached |
| 339 | Squire | Rosalyn | F40 | Storm |
| 433 | Stanbury | Claire | Senior Female | Okehampton RC |
| 352 | Stemp | Anna | Senior Female | Unattached |
| 137 | Stewart | Lisa | F45 | Tavistock AC |
| 524 | Stewart | John | M55 | Unattached |
| 275 | Stirman | Richard | M50 | Unattached |
| 478 | Stobbs | Adam | M45 | Exeter Harriers |
| 101 | Stokes | Louise | F45 | Teignbridge Trotters |
| 176 | Stokes | Debbie | F55 | Bradworthy Runners |
| 525 | Strachan | Steve | M40 | Plymouth Musketeers |
| 483 | Stubbs | Pippa | F35 | Unattached |
| 267 | Styles | Tim | Senior Male | Unattached |
| 522 | Summers | Ken | M65 | Erme Valley Harriers |
| 91 | Sutlow | Lisa | F35 | Unattached |
| 446 | Swan | Alex | Senior Male | Unattached |
| 75 | Swift | Barrie | M65 | Plymouth Harriers |
| 489 | Symons | Mark | M45 | Team H Plymouth |
| 197 | Tabenor | Patricia | F65 | Plymouth Harriers |
| 387 | Tapp | Sara | F40 | Unattached |
| 388 | Tapp | Mark | M40 | Unattached |
| 20 | Taylor | Nicky | F40 | Unattached |
| 394 | Taylor | June | F55 | Tavistock AC |
| 398 | Taylor | Richard | M55 | Plymouth Harriers |
| 78 | Teagle | Stephen | M55 | Unattached |
| 11 | Teague | Matthew | M40 | Unattached |
| 597 | Teale | Tabitha | Senior Female | Unattached |
| 244 | Tetley | Chris | M55 | Plymouth Harriers |
| 9 | Thomas | Kelly | F40 | Exmouth Harriers |
| 88 | Thomas | Georgina | Senior Female | Unattached |
| 356 | Thorne | Brenda | F60 | Instinctive Sport |
| 491 | Todd | Michael | M55 | Storm |
| 557 | Tossell | Michael | Senior Male | Storm |
| 487 | Trace | Emily | F35 | Unattached |
| 208 | Trebilcock | Linda | F55 | Plymouth Harriers |
| 209 | Trebilcock | Linda | F55 | Plymouth Harriers |
| 463 | Tremlett | Sue | F50 | Teignbridge Trotters |
| 232 | Trice | Soozie | F40 | Tamar Trail Runners |
| 27 | Turner | Thelma | F60 | Tavistock AC |
| 239 | Turner | Kerry | F35 | Tamar Trail Runners |
| 538 | Turner | Mark | M45 | Unattached |
| 584 | Turpin | Lindsay | Senior Female | Unattached |
| 585 | Turpin | Jamie | Senior Female | Unattached |
| 582 | Ullman | Chris | M45 | East Cornwall Harriers |
| 17 | Utton | Natalie | F40 | Unattached |
| 18 | Utton | Matthew | M40 | Unattached |

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|-----|--------------|-----------|---------------|---------------------------|
| 549 | Varley | Darren | Senior Male | Sandbach Striders |
| 408 | Vernon | Andrew | M45 | Okehampton RC |
| 571 | Vernon | Gary | M45 | Unattached |
| 384 | Vincent | Katy | Senior Female | Team H Plymouth |
| 552 | Voaden | Roger | M50 | Okehampton RC |
| 211 | Waddington | Steve | M65 | South Devon AC |
| 69 | Wafer | Peter | M45 | Storm |
| 336 | Waites | Jackie | F45 | Unattached |
| 146 | Waldron | Allison | F45 | Storm |
| 140 | Walker | Belinda | F50 | Bradworthy Runners |
| 273 | Walker-Smith | William | M60 | Tavistock AC |
| 401 | Walkey | Matthew | Senior Male | Plymouth Harriers |
| 293 | Wall | Andrea | F55 | South Devon AC |
| 204 | Wallace | Andrew | Senior Male | Unattached |
| 26 | Ward | Nigel | M50 | Vegan Runners UK |
| 535 | Ward | Claire | Senior Female | Storm |
| 136 | Warren | Alison | F45 | Tavistock AC |
| 460 | Warren | Phil | M65 | Erme Valley Harriers |
| 303 | Waters | Ella | Senior Female | Launceston RR |
| 304 | Waters | Claire | F45 | Launceston RR |
| 419 | Watson | Steven | M45 | Tavistock Run Project |
| 192 | Webb | Roger | M60 | South Devon AC |
| 256 | Weemys | Simon | M45 | Unattached |
| 468 | Wellfair | Clare | F35 | Plymouth Harriers |
| 58 | Wells | Wes | Senior Male | Tamar Trotters |
| 180 | West | Lisa | Senior Female | Unattached |
| 289 | West | Aaron | Senior Male | Unattached |
| 581 | Westington | Tony | M45 | Unattached |
| 23 | Westlake | Elizabeth | F50 | Unattached |
| 68 | White | Clare | F35 | Storm |
| 138 | White | Janet | F65 | Okehampton RC |
| 495 | Whitmore | Paul | Senior Male | Storm |
| 587 | Wildman | Emma | F45 | Storm |
| 156 | Wilkinson | Abigail | Senior Female | Tavistock College |
| 499 | Wilkinson | Paul | M45 | Team H Plymouth |
| 57 | Williams | Matt | Senior Male | Unattached |
| 97 | Williams | Darren | M45 | Plymouth Musketeers |
| 493 | Williams | Su | F40 | Bere Alston Trekkers |
| 427 | Wilson | Gareth | Senior Male | Unattached |
| 30 | Windemer | John | M65 | Tavistock AC |
| 31 | Windemer | Rebecca | Senior Female | San Domenico Running Club |
| 514 | Winnall | Ian | Senior Male | Storm |
| 105 | Wise | Rebecca | F35 | Launceston RR |
| 418 | Wonnacott | Ian | M50 | East Cornwall Harriers |
| 19 | Wood | Kerry | F45 | Unattached |
| 440 | Wood | Richard | M45 | Storm |
| 590 | Wood | Craig | Senior Male | South Devon AC |
| 215 | Woodrow | Lauren | F35 | Unattached |
| 264 | Woollett | Mandy | F45 | Looe Pioneers |
| 7 | Worth | Emily | Senior Female | Unattached |

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|-----|----------|--------|---------------|---------------------|
| 8 | Worth | Joanna | F45 | Unattached |
| 353 | Worth | Daniel | M40 | Unattached |
| 100 | Wright | Wendy | F55 | Tavistock AC |
| 414 | Wright | Jon | Senior Male | Unattached |
| 529 | Wright | Kate | Senior Female | Unattached |
| 449 | Yates | Paul | M40 | Team H Plymouth |
| 335 | Youngman | Paul | M55 | Plymouth Musketeers |
| 49 | Zinn | Mark | Senior Male | Unattached |